



*Aleysha R. Proctor*

Award Winning Entrepreneur and Author



Press Kit

# Table of Contents

<b>Excerpt from <i>With Style &amp; Amazing Grace</i></b>	<b>3</b>
<b>Excerpt from <i>He's The Keeper of My Soul</i></b>	<b>4</b>
<b>Excerpt from <i>Jazz, Java &amp; Jesus</i></b>	<b>5</b>
<b>What People Are Saying</b>	<b>6 - 9</b>
<b>Media</b>	<b>10</b>
<b>Author Biography</b>	<b>11</b>
<b>Information Request Form</b>	<b>12</b>

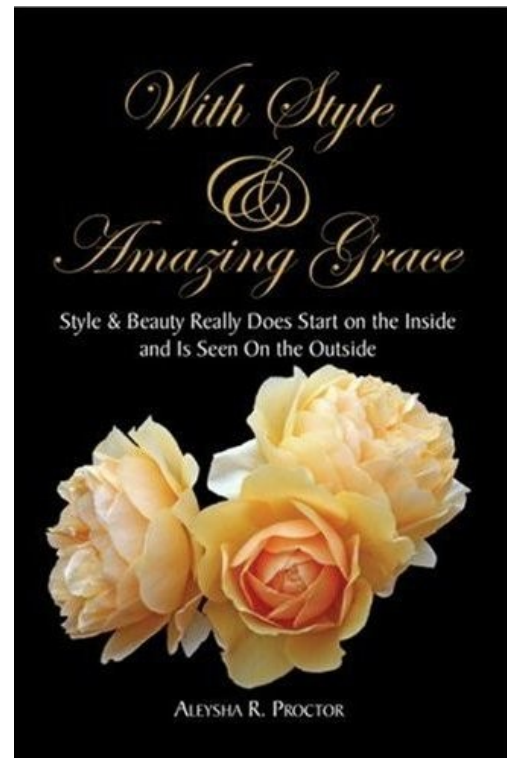
# With Style and Amazing Grace

## Strength While You're Waiting

The Prophet Isaiah knew something about waiting on the Lord. In Isaiah 40:30-31, he said, “Even the youth shall faint and be weary, and the young men shall utterly fall. Verse 31: But those who WAIT on the LORD. He shall renew their strength; they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.”

You'll find strength WHILE YOU'RE WAITING on the Lord! In today's modern super-quick, have to have it like yesterday world, there are some things that you're going to have to wait for. But the Lord promises that while you're waiting ON HIM, that He's going to RENEW YOUR STRENGTH!

Let's talk for a minute about eagles mounting up as verse 31 tells us. Eagles are about 3 feet long from head to foot—however their wingspan can reach up to 8 feet from wingtip to wingtip! Now, when an eagle mounts up—they aren't just doing it for nothing—THEY'RE GOING SOMEWHERE! They stretch out their long, magnificent wings and fly into the sky, ABOVE THE STORMS, and across the seas—again, they're going somewhere!



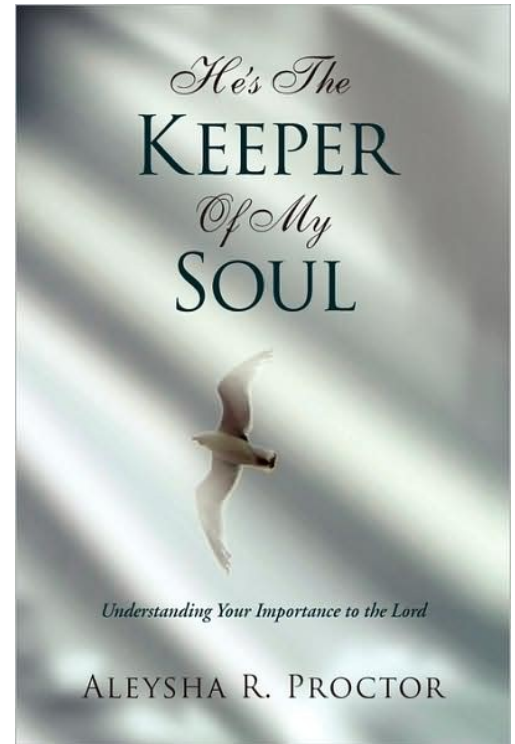
# He's The Keeper of My Soul

## **What Kind of Man is This, Who's So CRAZY About ME??**

However, I think to really get an idea of God's majesty that we need to look at the book of Revelations. In the book of Revelations, there are many mentions of the number 7, which we know to mean completion. It talks about the seven stars, the seven churches, the seven lampstands and more. And it talks about the SEVEN SPIRITS OF GOD!

Revelations is written by John about things to come. It says that he was 'in the spirit' when he saw the things that he wrote. In Revelations 4, John gets to look into the heavenly throne room! My God! And in Revelations 5, he talks more about the One who God sacrificed in order to win you and me back to Him!

Get ready and let's take a look at it!



# Jazz, Java & Jesus

## Goodness AND Mercy!

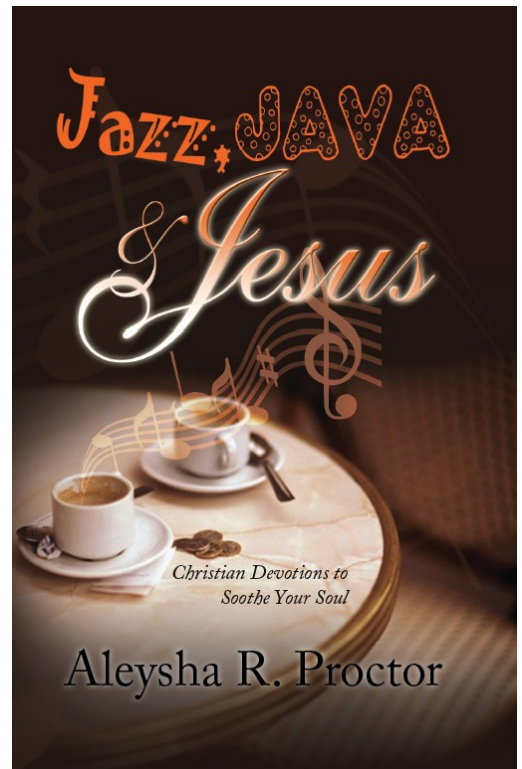
Psalms 23:6a “Surely goodness and mercy shall follow me all the days of my life!”

I once heard a pastor say that God’s goodness will give you the blessings that you don’t deserve and His mercy will keep off of you the punishment that you do deserve!

God’s goodness is described as His bounty (prosperity, provisions and richness) to whomever He chooses to show His goodness to. In many scripture passages, we see God’s goodness AND His mercy showing up at the same time.

In 2 Samuel 11, King David has taken another man’s wife (Bathsheba) and she conceives a child by him while her husband is away on the battle field. David then brings her husband home and tries to get him to go home and spend some time with his wife. When Uriah, her husband, doesn’t do as David hopes he will, he then has him placed on the front line of the hottest battle to make certain that Bathsheba becomes a widow and then he can have her as his own wife.

When the prophet Nathan spoke to David about his sins in 2 Samuel 12, he spoke in a parable about a rich man with many flocks taking a poor man’s one little lamb for his own. King David becomes angry and says whoever has done this will surely die! And Nathan said, “King David, you are that man!”



# What People Are Saying

“Even the act of reading *With Style & Amazing Grace* soothes your soul and gives you the space to breathe deeply, and say ahhhhh. Thank you, Aleysha, for reminding us of how powerful it is to be a woman, to be feminine, to stand in our own power, and to rest in the knowing of Who and Whose we are.”

- **Debrena Jackson Gandy, best-selling author of *Sacred Pampering Principles* and *All the Joy You Can Stand*.**

“*With Style & Amazing Grace* is a book that should be at every women’s conference and retreat!”

- **Pastor Maureen Alston, Shield of Faith Christian Center, MD**

“Reading *With Style & Amazing Grace* by Aleysha Proctor will change your life! I began reading it as soon as I purchased it and found it hard to put down. Using it as a daily devotional, I couldn't wait to absorb it during my morning commute on the train each day. The journal that accompanies it was instrumental in helping me to discover what I'm truly passionate about and my purpose in life!

Congratulations Aleysha on your first book and a job well done. I can't wait to read the next one!”

- **Amazon.com Reader**

“WHAT AN OUTSTANDING BOOK! Aleysha has outlined how you can live a simple but fulfilling life with *Style and Grace*. She gives her personal and biblical principles that adhere to everyday challenges women and men face daily. I have met the Author and she is Truly a woman with a Great deal of *Style* and a spirit full of *Grace*. This book is a must have for your personal library.”

- **Amazon.com Reader**

# What People Are Saying

"Aleysha's book is a fantastic, quick read and she gets straight to the point in each and every chapter. I love how all of her advice is scripture based and my favorite parts are the action steps she provides at the end of each chapter (Aleysha Recommends). I highly recommend this book to everyone (male and female) and I hope that those that read it will heed her advice."

- **Amazon.com Reader**

Here's how **Xlibris Publishing House** describes it:

"Isn't it time we all have a make-over, not just for our looks but also for our souls? **With Style & Amazing Grace** is an instructive manual with the philosophy that a manicured appearance isn't necessarily a sign of a pure heart — *au contraire* — it might reflect a chaotic inner life. Starting with the outside appearance and tips on personal style, Aleysha Proctor then shows how to make your inner beauty shine through. With chapters on leadership, excellence and having humanity, this is a book full of the practical wisdom of an author who lives her philosophy."

**Empowering Everyday Women magazine** says, "Beauty meets spiritual self-help, is the perfect way to describe **With Style and Amazing Grace**."

"Just the titles of the chapters are soothing, they are things we tend to say all day, out loud and in our heads. Teaming up this phases with the word of God and some smooth jazz and a cup of java, makes for a great little get away. I enjoyed the puzzles which are music and coffee inspired brain teasers."

- **Simply Said Reading Accessories blog**

"Aleysha R. Proctor has certainly made my sharing is caring list. It is a wonderful read, which makes you want to do as the title claims. Listen to some comfy (for my soothing Christian jazz) as I sip my cappuccino; as I read this devotional. Ahh, my soul is soothed. Jazz, Java, and Jesus is an inspirational read; reminding of God's promises to YOU, ME, and US...God's people. I was truly impressed and delighted by the cross word puzzles that Aleysha added in the back of the book. 4 stars read for me!"

- **Vanessa Richardson, The Certain Ones blog**

# What People Are Saying

"I thoroughly enjoyed Jazz-Java-Jesus. The short devotionals contained just enough "meat" without choking the reader and the activities at the end were relaxing. Two thumbs up to Ms. Proctor for effectively combining three powerful concepts."

- **Wanda B. Campbell**

"With a catchy name like "Jazz, Java & Jesus", how can one not resist picking this book up? Because of that title, I decided to have a look at this book. I'm not a big one for devotionals - they seem all "fluff" and a quick thought of just getting that Bible reading in for the day with no real substance. Yes, I'm a real hard sell when it comes to this category of book.

"Jazz, Java & Jesus", although listed as a devotional, is so much more. I found Ms. Proctor's writing style engaging and personal. She starts with a forward that explains how the title of the book came about, and then settles down to deliver a nice message with each entry. Each entry is thought provoking with quite a bit of scripture, and will start you off to want to continue on studying your Bible. At the end of each section is a place for notes - a very nice addition to the book!! One of my favorite sections concentrates on the names of Jesus and I'm planning on spending a lot of time on that section. Another nice bonus are the puzzles at the end of the book.

This is a wonderful book and I will be using it a lot in the future. Unlike other devotionals that I've tried that sit around on my shelf collecting dust, this one will be written in, creased, and will probably find a coffee stain or two before I'm done using it."

- **Tweezle Reads blog**

"I'm a devotional type of girl. I love to start my day with a fresh Word from the Lord. Recently, I had the chance to review "Jazz, Java, and Jesus", by Aleysha R. Proctor, which is a book of 24 daily devotionals and puzzles. I love the fact that the title combines three of my favorite things!

This book is a simple way to get your daily inspiration. After each devotion, you'll find a page just for notes, so you can jot down any thoughts that you have. Plus, there are cross word puzzles at the end of the book. Take this easy read to the coffee shop with you, or leave it on *your* coffee table for friends and guests."

- **The Coupon Sista blog**

# What People Are Saying

*"Jazz, Java and Jesus* by Aleysha R. Proctor was a joy to read. This devotional, like its name, has a fresh style but is full of the Word and divine wisdom without being preachy or super-analytical. The daily devotionals seemed as though they were personally written for you as the reader. The devotionals addressed real issues affecting you in a real way and gave you practical advice grounded in the Word. This "jazzy" devotional is highly recommended to sooth your soul and to help you reaffirm who you are in the Lord . I have even paraphrased one devotional topic **"It's All Working Together for Your Good!"** on my Facebook page this past Tuesday."

- **Linda D. Fegins, Faygo's Report blog**

**Writer's Digest** gave "Jazz, Java & Jesus" 5 stars!! "My first impressions regarding this book were: very snappy title and great cover art! This book is the perfect size and length for an inspirational book. The layout is clean and uncluttered. I loved the addition of the puzzles in the back. Ms. Proctor has chosen an interesting group of topics to address, all of which should appeal to readers; in other words, something for everyone. The chapter titles are catchy, and the chapters themselves are short and to the point. This is exactly the type of book a person would stick into her purse and pull out during a coffee break at work."

Press/Media

**BLACK  
ENTERPRISE**

EMPOWERING  
*Women*

**EEW MAGAZINE**

**Lucky**  
magazine

**WASHINGTONIAN**

**The Washington Post**

# Bio



Aleysha Proctor is an award winning Entrepreneur, award winning Author, and certified Image Consultant (having studied with Color Me Beautiful, Inc., Beauty for All Seasons and Brenda York Image Management). She also has a BS degree in Management & Leadership, an MBA in Marketing from Hamilton University, and is a certified Global Career Development Facilitator (GCDF).

She has won numerous awards as an Independent Consultant with Warm Spirit, Inc. Such as Director of the Year, Landmark of Achievement, Executive Council Member of the Year and many others.

In 2007, Aleysha won the Entrepreneur of the Year award from the Washington, DC Chapter of the National Black MBA Association, Inc. And in 2008, she won Aspicomm Media's Best Spiritual/Inspirational Book award for her first title, "***With Style & Amazing Grace***".

Aleysha has authored three inspirational books:

- ***With Style & Amazing Grace, 2007***
- ***He's the Keeper of My Soul, 2008***
- ***Jazz, Java & Jesus, 2010***

In 2010, she was featured in ***CRAVE Washington, DC: The Urban Girl's Manifesto*** book of 100 DC area entrepreneurs.

She's been quoted and/or featured in the following magazines on topics such as business, image, beauty & lifestyle;

- ***Black Enterprise***
- ***Lucky***
- ***Prince George's County Suite***
- ***Washingtonian***
- ***Onyx Woman***
- ***Empowering Women***
- ***Empowering Everyday Women***
- ***Booking Matters***
- ***The Washington Post***
- ***The Baltimore Sun***

Aleysha is a member of the Fashion Group International (FGI), the National Black MBA Association, Inc. (NMBBAA) and the First Baptist Church of Glenarden Maryland.

Her passion in life is helping others to live their best lives now by realizing and utilizing their potential!

# Information Request Form



For interviews or book reviews, contact [info@aleyshaproctor.com](mailto:info@aleyshaproctor.com).

To request Aleysha for book signings or speaking engagements, contact [events@aleyshaproctor.com](mailto:events@aleyshaproctor.com).

\*Please include all pertinent information in your request including book title/s, dates, times, locations, contact name & phone number, etc.

*Thank you!*

[www.AleyshaProctor.com](http://www.AleyshaProctor.com)



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